

B O R O U G H O F L A M P E T E R

P U B L I C H E A L T H D E P A R T M E N T

A N N U A L R E P O R T 1 9 6 5

M E D I C A L O F F I C E R O F H E A L T H :

Jos. R. Jones, B.Sc., M.B , B.Ch., D.R.C.O.G., D.P.H. - until April 1966

W. J. St. E-G. Rhys, M.A., M.B., B.S., B.Sc., M.R.C.O.G., D.P.H. - from
October, 1966

P U B L I C H E A L T H I N S P E C T O R :

D. H. Cowles, M.A.P.H.I., M.R.S.H.



(i)

BOROUGH OF LAMPETER

Mayor 1964/65

Alderman D. D. Richards

Mayor 1965/66

Councillor D. Jones

The Council consists of 16 members including
the Mayor

HEALTH AND HOUSING COMMITTEE

Chairman 1964/65

Councillor J. E. Roberts

Chairman 1965/66

Councillor D. P. Jenkins

Town Clerk : D. Llewelyn Evans, Esq.,
Town Hall,
LAMPETER.

Telephone: Lampeter 426

To the Mayor, Alderman and Members of
Lampeter Borough Council.

PREFACE

I have pleasure in presenting the Annual Report of the Public Health Department for the year which ended on the 31 December, 1965.

The number of live births registered during the year was thirty, representing an increase of six over the figure for the previous year. There was one registered stillbirth, but no infant was registered as having died before reaching the first birthday. No woman died as a result of pregnancy, childbirth or abortion.

The number of registered deaths was thirty six, a decrease of nine from the previous year. Fourteen people died of heart disease, five of 'stroke' and five of cancer.

The only cases of infectious disease notified during the year were four cases of measles. As in 1964 one new case of tuberculosis was notified and no one died of the disease.

A more detailed account of the work of the Public Health Department, including a section by the Public Health Inspector, will be found in the following pages.



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(iii)

At Faer, Henaduriaid ac Aelodau o
Gyngor Bwrdeisdref Llanbedr-pont-Steffan.

RHAGAIR

Pleser imi yw cyflwyno Adroddiad Blynyddol yr Adran Iechyd
Cyhoeddus am y flwyddyn a orffenodd ar 31 Rhagfyr 1965.

Cafodd deg ar hugain a anwyd yn fyw eu cofrestru yn ystod y
flwyddyn, yn cynrychioli ychwaneg o chwech dros y flwyddyn flaenorol.
Cofrestrwyd un farw-anedig, ond ni chofrestrwyd un marwolaeth baban
cyn ei fod yn flwydd oed. Ni bu farw un fenyw am ei bod yn feichiog,
nac wrth eni plentyn neu wrth erthylu.

Cofrestrwyd tri-deg-chwech o farwolaethau: naw yn llai na'r
flwyddyn cynt. Bu farw un-deg-pedwar o glefyd y galon, pump
o'r strôc a pump o cancr.

Yr unig ddigwyddiad a nodwyd o glefyd heintus yn ystod y
flwyddyn oedd pedwar o'r frech goch. Fel yn 1964 dim ond un
digwyddiad newydd a nodwyd o'r ddarfodedigaeth, ond ni bu farw
neb o'r clefyd hwn.

Rhoddir cyfrif manylach o waith yr Adran Iechyd Cyhoeddus,
yn cynnwys rhan â baratowyd gan yr Archwiliwr Iechyd Cyhoeddus
yn y tudalennau canlynol.

VITAL STATISTICS

1963

1964

1965

1. LIVEBIRTHS

Total	30	24	30
	Leg:	27	21	24
	Illeg:	3	3	6
Rate per 1,000 population (crude)	14.9	11.5	14.4
Rate per 1,000 population (adjusted)	19.4	14.8	18.4
Rate per 1,000 population England and Wales	18.2	18.5	18.1
Illegitimate live births per cent of total live births		10.0	12.5	20.0

2. STILLBIRTHS

Total	0	0	1
	Leg:	0	0	1
	Illeg:	0	0	0
Rate per 1,000 live and stillbirths	0	0	32.3
Rate per 1,000 live and stillbirths England and Wales		17.3	16.3	15.8

3. TOTAL LIVE AND STILLBIRTHS

30 24 31

4. PERI-NATAL DEATHS (Stillbirths plus early neo-natal deaths)

Total	0	0	1
	Leg:	0	0	1
	Illeg:	0	0	0
Rate per 1 000 total live and stillbirths	0	0	32.3

5. EARLY NEO-NATAL DEATHS (deaths under one week)

Total	0	0	0
	Leg:	0	0	0
	Illeg:	0	0	0
Rate per 1,000 total live births	0	0	0

6. NEO-NATAL DEATHS (deaths under four weeks)

Total	0	0	0
	Leg:	0	0	0
	Illeg:	0	0	0
Rate/ per 1,000 total live births	0	0	0

7. INFANT DEATHS (total deaths under one year)

Total	0	0	0
	Leg:	0	0	0
	Illeg:	0	0	0

	<u>1963</u>	<u>1964</u>	<u>1965</u>
7. <u>INFANT DEATHS (CONT'D)</u>			
Rate per 1,000 total live births	0	0	0
Legitimate infant deaths per 1,000 legitimate live births	0	0	0
Illegitimate infant deaths per 1,000 illegitimate live births	0	0	0

8. MATERNAL DEATHS

Number of deaths	0	0	0
Rate per 1,000 total live and stillbirths ..	0	0	0

DEATHS

Total	34	45	36
Rate per 1,000 population (crude)	16.9	21.6	17.3
Rate per 1,000 population (adjusted)	10.5	14.0	11.2
Rate per 1,000 population England and Wales	12.2	11.3	11.5

Area comparability factor for births	1.30	1.28	1.28
Area comparability factor for deaths	0.62	0.65	0.65

POPULATION STATISTICS

Area (in acres)	1,754
Population (census 1961) ...	1,855
Population (Registrar General's Estimated Mid-Year Population for 1965)	2,080

CAUSES OF DEATH

<u>Registrar General's Code Number</u>	<u>Causes of death</u>	<u>Male</u>	<u>Female</u>	<u>Total</u>
1	Tuberculosis, respiratory	-	-	-
2	Tuberculosis, other	-	-	-
3	Syphilitic disease	-	-	-
4	Diphtheria	-	-	-
5	Whooping Cough	-	-	-
6	Meningococcal infections	-	-	-
7	Acute poliomyelitis	-	-	-
8	Measles	-	-	-
9	Other infective and parasitic diseases	-	-	-
10	Malignant neoplasm, stomach	1	1	2
11	Malignant neoplasm, lung, bronchus	1	-	1
12	Malignant neoplasm, breast	-	1	1
13	Malignant neoplasm, uterus	-	1	1
14	Other malignant and lymphatic neoplasms	-	-	-
15	Leukaemia, aleukaemia	-	1	1
16	Diabetes	-	-	-
17	Vascular lesions of nervous system	1	4	5
18	Coronary disease, angina	5	4	9
19	Hypertension with heart disease	1	-	1
20	Other heart disease	-	4	4
21	Other circulatory disease	1	-	1
22	Influenza	-	-	-
23	Pneumonia	1	1	2
24	Bronchitis	2	-	2
25	Other diseases of respiratory system	-	-	-
26	Ulcer of stomach and duodenum	-	-	-
27	Gastritis, enteritis and diarrhoea	-	-	-
28	Nephritis and nephrosis	-	-	-
29	Hyperplasia of prostate	1	-	1
30	Pregnancy, childbirth, abortion	-	-	-
31	Congenital malformations	-	-	-
32	Other defined and ill-defined diseases	-	2	2
33	Motor vehicle accidents	-	-	-
34	All other accidents	1	2	3
35	Suicide	-	-	-
36	Homicide and operations of war	-	-	-
TOTAL:		15	21	36

INFECTIOUS DISEASES

The following is a list of the notifications of infectious diseases, other than tuberculosis, received during the year.

[illegible]

TUBERCULOSIS

The following table shows the sex and age distribution of the new case. notified during the year.

AGE GROUP	RESPIRATORY		NON-RESPIRATORY	
	Male	Female	Male	Female
5 - 14	-	-	-	-
15 - 24	-	-	-	-
25 - 44	-	-	-	-
45 - 64	-	1	-	-
65 +	-	-	-	-
TOTAL:	-	1	-	-

SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948

No action was required to be taken under this section during the year.

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GENERAL PROVISION OF HEALTH SERVICES IN THE AREA

These remain essentially the same as in previous years and are under the control of the County Council.

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W. J. St. E-G. RHYS
MEDICAL OFFICER OF HEALTH

REPORT

Submitted by: [Name] Date: [Date]

Subject: [Subject]

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ANNUAL REPORT OF THE PUBLIC HEALTH INSPECTOR
FOR THE YEAR 1965

1. SEWERAGE AND SEWAGE DISPOSAL

The sewerage system of the area is designed on the partially separate system, with a number of storm water overflows which discharge over 6 times the dry weather flow into nearby streams. The size of the sewers ranges from 6 inches to 21 inches diameter, and they are constructed of stoneware, pitch-fibre, concrete and cast iron. During the year 430 yards of new sewers were constructed and linked to the general sewerage system.

2. SEWAGE DISPOSAL

The Sewage Disposal Works was constructed in 1960 and is designed to treat a daily water flow of 115 000 gallons per day on the activated sludge principle. Sewage is also accepted for treatment from the Cwmann area of the Newcastle Emlyn Rural District. During the year 27 million gallons were recorded as passing through the foul sewage pumps and 21 million gallons through the storm water pumps.

Samples were taken regularly in order to maintain Royal Commission Standards of effluent quality

Some thirty premises in the area are not connected to the sewerage system because of distance or lack of fall to the sewer and for other reasons. In these cases disposal is by means of cesspools which are emptied out at the request of the occupiers by a neighbouring authority's vehicle. A charge is made for this service.

3. WATER SUPPLY

The Cardiganshire Water Board supplies and distributes water throughout the area. The supply is generally adequate both in quality and quantity. Eight samples were taken for bacteriological examination and all proved satisfactory.

All the houses in the area except some of the outlying farms are now connected to the main supply.

4. DRAINAGE AND NEW BUILDING

Number of plans submitted under Council's Bye-Laws	33
Number of plans approved under Council Bye-Laws	33
Number with new drainage	16
Number of schemes tested and approved	16

5. PUBLIC CLEANSING

Household refuse is collected once weekly from all parts of the area and is disposed of at the Council's tipping site at Cwm Rhys Quarry. Here a bulldozer is regularly employed to achieve control and compaction of the tip, the covering material being obtained from nearby quarry waste. Trade refuse is collected weekly, a charge of 2/6d. per bin being made. In addition, extraordinary items of refuse are collected by arrangement on a re-chargeable basis. During the year it was found necessary to tow to the tip one abandoned vehicle whose owner could not be traced.

6. STREET CLEANSING

By arrangement with the County Council classified roads of the Borough, are manually swept daily, and other roads are regularly swept in accordance with their importance.

7. VERMINOUS PREMISES (excluding Rodents)

Again it is a pleasure to report that there were no cases reported.

8. PUBLIC CONVENIENCES

The Council maintains 7 conveniences, 4 for males and 3 for females.

In my last report I commented on the frequent vandalism and misuse of toilets which regularly occur. There is, I regret to report, no decline in this form of anti-social behaviour, and although wash-basins, soap, and paper towels were provided in all toilets where space allowed, misuse was such that the provision of this amenity had to cease. It seems that the only way of combating this behaviour and to provide an up to date service is to construct one central toilet block which could be continually attended. Normally conveniences are cleaned daily and more frequently if the necessity arises.

9. OFFENSIVE TRADES

There are none registered with the Borough.

10. INFECTIOUS DISEASES

No cases were reported to me by the Medical Officer of Health.

11. FOOD POISONING

No cases were notified during the year.

12. ICE-CREAM

There is only one manufacturer in the area whose product is sampled regularly. Six samples for bacteriological examination were taken from this source and all were found to be Grade I. Four other samples were also taken and were found to be Grade I.

13. SLAUGHTERHOUSE

The Council-owned slaughterhouse at Llanfair Road serves the needs of a very wide area as well as the Borough itself. It is the Council's policy to improve the premises whenever possible and to keep up to date by the purchase of new equipment. The success of this policy is shown by the constant increase in throughput which has been doubled during the past few years.

The following table shows the throughput for the past five years :-

	<u>Steers</u>	<u>Cows and Heifers</u>	<u>Calves</u>	<u>Sheep</u>	<u>Pigs</u>	<u>TOTAL</u>
1961	388	446	13	8,050	875	9,772
1962	421	579	18	7,695	1,160	9,873
1963	1,064		16	6,872	1,364	9,316
1964	929		12	7,429	1,157	9,527
1965	923		19	9,276	2,271	12,489

14. MEAT INSPECTION

The increase in the throughput coupled with the more stringent requirements of the 1963 Meat Inspection Regulations has resulted in a great deal more time being spent on this work, but nevertheless 100% inspection is achieved. During my absence on leave etc., local veterinary surgeons act as relief inspectors.

No. of animals killed and inspected :

Cattle	923
Calves	19
Sheep	9,276
Pigs	2,271

Meat and Offal Condemned Tuberculosis only

	<u>Cattle</u>	<u>Pigs</u>
Carcasses and all organs	Nil	Nil
Lungs	Nil	1
Head and Tongue	Nil	11

Diseases other than Tuberculosis

Cattle

1 Carcass.....	Pyrexia
1 Carcass	Peritonitis
2 Heads & Tongues	Actinobacillosis
263 Livers or parts	Distomatosis
21 Lungs.....	Pneumonia
37 Lungs.....	Cystic
4 Hearts.....	Pericarditis

Pigs

1 Carcass	Moribund
1 Carcass	Emaciation
28 Lungs	Pneumonia
8 Livers	Cystic

Sheep

10 Carcasses	Emaciation
1 Carcass	Bruising and laceration
6 Carcasses	Pyrexia
4 Legs	Abscesses
97 Lungs	Parasitic
476 Livers	Distomatosis

15. FOOD HYGIENE AND INSPECTION

The following foodstuffs were found to be unfit for human consumption and were surrendered to me for disposal.

Canned Ham	63 lbs.
Canned Fruit	116 cans
Canned Meat	17 cans
Evaporated Milk	16 cans
Canned Vegetables and Soups	51 cans
Canned Jams, etc.	12 cans
Open pack ham	39 lbs.

The following is a summary of the food shops in the area all of which were inspected as often as time allowed.

Grocery and General Provisions	11
Cafes and Restaurants	10
Fried Fish Shops	2
Bakehouses	3
Dairies and Milk Shops	3

Ice Cream Premises	8
Canteens and Dining Halls .	7
Butchers Shops	2
Licensed Premises	8

16. MARKETS

The Council owns a centrally sited market which is leased to a firm of Auctioneers. Marts are held on Mondays and Tuesdays of alternate weeks and cleansing is carried out by the Council's employees. In addition stall holders are allowed on Mart days to pitch their stalls in St. Thomas Street where refuse bins are provided for their use.

17. HOUSING

Number of dwellings in the area	643
Number of Council owned houses	121
Number of houses completed during the year :	
(a) Council.... 0	(b) Private ... 0

Housing need

At the end of the year, 63 applicants remained on the waiting list for Council Houses.

Future House Building Programme

It is pleasing to report that the Council's long awaited building programme commenced in February. The programme consists of the erection of six one-bedroomed, old people's bungalows at Maesyfelin, and twenty two-bedroomed flats at Bryn-yr-Eglwys.

IMPROVEMENT GRANTS

(a) Discretionary Grants

No. of applications received	6
No. of applications approved	6
No. of applications completed	4
Amount of paid grant	£1,337

(b) Standard Grants

No. of applications received	2
No. of applications approved	2
No. of applications completed	5
Amount of paid grant	£568

Up to date, the Borough Council has paid in grant the total sum of £16.601 in respect of 55 dwellings.

18. MOVABLE DWELLINGS

There is one authorised caravan site in the area which is licensed for twelve caravans. However, as in past years, it was necessary on several occasions to take action to remove caravans from unauthorised sites.

19 OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963

Following my report of last year the Council appointed Mr. H. Owen as Technical Assistant in April to help me in the carrying out of this work. The following table shows the work carried out to the end of the year.

Class of Premises	Number of Premises registered during the year	Total number of registered premises at end of year	Number of regis- tered premises receiving a gen- eral inspection during year
Offices	16	31	19
Retail Shops	14	50	11
Wholesale Shops, warehouses	Nil	Nil	Nil
Catering establishments, open to the public, canteens	3	9	1
Fuel Storage Depots	Nil	Nil	Nil

Number of visits of all kinds by Inspectors to Registered Premises = 36.

<u>Class of workplace</u> (1)	<u>Number of persons employed</u> (2)
Offices	140
Retail Shops	199
Wholesale Departments, warehouses	Nil
Catering establishments open to public	31
Canteens	Nil
Fuel Storage Depots.	Nil
	<hr/>
	370
	<hr/>
Total Males	187
Total Females	183

20. RODENT CONTROL

(1) Sewerage System.

The routine twice yearly treatments of the sewers were carried out when small "takes" of poison were recorded.

(2) Refuse Tip and Slaughterhouse

Both premises were baited regularly to prevent any build-up of infestation.

(3) General

No full time Rodent Control Operator is employed, this work being carried out by the Council's staff. During the year 3 Council properties, 15 dwelling houses, and 16 other premises (excluding commercial properties) were found to be infested and suitable treatment given. In the last case the cost is recovered from the occupiers.

21. FACTORIES INSPECTION

(1) Inspections for purposes of provisions as to health.

Premises (1)	Number on Register (2)	Number of		
		Inspections (3)	Written Notices (4)	Occupiers Prosecuted (5)
(i) Factories in which Sections 1,2,3, 4 & 6 are to be enforced by Local Authorities	Nil	Nil	Nil	Nil
(ii) Factories not included in (1) in which Section 7 is enforced by the Local Authority	24	31	Nil	Nil
(iii) Other premises in which Section 7 is enforced by the Local Authority (excluding out-workers premises	2	8	Nil	Nil

(2) Cases in which defects were found

Particulars (1)	Number of cases in which defects were found.				Number of cases in which prosecutions were instituted. (6)
	Found (2)	Remedied (3)	Referred to H.M. Inspector (4)	Referred by H.M. Inspector (5)	
Want of cleanliness	2	2	Nil	Nil	Nil
Overcrowding (S.2)	Nil	Nil	Nil	Nil	Nil
Unreasonable Temperature (S.3)	Nil	Nil	Nil	Nil	Nil
Inadequate ventilation (S.4)	Nil	Nil	Nil	Nil	Nil
Ineffective drainage of floors (S.6)	Nil	Nil	Nil	Nil	Nil
Sanitary conveniences (S.7)					
(a) Insufficient	Nil	Nil	Nil	Nil	Nil
(b) Unsuitable or defective	3	3	Nil	Nil	Nil
(c) Not separate for sexes	Nil	Nil	Nil	Nil	Nil
Other offences against the Act (not including offences relating to Out-Work)	Nil	Nil	Nil	Nil	Nil
TOTAL:	5	5	Nil	Nil	Nil

22. MILK SUPPLIES - BRUCELLA ABORTUS

There is one licenced Producer/Retailer in the Borough. During the year four samples of raw milk were examined and all were found to be negative.

D. H. COWLES, M.A.P.H.I., M.R.S.H.,
PUBLIC HEALTH INSPECTOR AND BOROUGH SURVEYOR.

